

PREPARATION FOR GASTROSCOPY

You must be fasting before the examination, i.e. no eating or drinking the last 6 hours prior to the examination.

Protonpump inhibitors (PPI; Somac/pantoprazole, Nexium/esomeprazole, Losec/omeprazole) and H2-inhibitors (Ranitidine and Famotidin) must not be used the last 10 days prior to the examination. You may take non-prescription drugs (i.e. Link, Titalac or Novaluzid).

IMPORTANT!

You must stop taking all kinds of blood thinners before the examination:

Acetylsalicylic formulations such as Albyl-e and Plavix 3 days prior to the examination.

Warfarin(Marevan) 3 days prior (INR should be 2.0 or less the day of the examination). This has to be checked at our laboratory 30 minutes prior to the examination, we therefore ask you to meet there first

Pradaxa, Eliquis and Xarelto 2 days prior should be discontinued 2 days prior to the examination.

If you have been hospitalized or working at a health institution outside of the Nordic region during the last 6 months, or at a health institution in or outside of the Nordic region with outbreaks of MRSA, we ask you to tell us. The reason for this is that without knowing it, you may have been infected with MRSA. If this is the case, we need to take precautions.

If this is applicable to you, please phone us.

If you need sedation, please note that you can not drive for the rest of the day. In addition to this, you will need to stay and rest for 30-60 minutes before you leave.

With kind regards Gastro Lab / Medical ward.

Phone: +47 41326658

SMS: **2097, start the message with molo-gastro**

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Current issue:

- Symptoms:

- Debut and duration of your symptoms:

- Are the symptoms present at night?:

- Are the symptoms present after eating?:

- Weight loss:

- Appetite:

- Stool:

- Other medical examination carried out (blood samples, ultrasound/CT, etc):

- Previous diseases and/or surgeries:

- Diseases in the family:

- Regular medicines:

- Regular use of NSAIDS (i.e anti-inflammatory medicines like Ibux, Voltaren, Naproxen, Brexidol, Arthrotec etc):

- Allergies:

- Tobacco:

- Alcohol consumption:

- Occupation:

- Name of your regular GP/consulting physician (if needed):